

**Sec5a-SubSec20-2016**  
**Track & Field Championships**  
**Litchfield High School - 5/24/2016**

**Results****Girls 100 Meter Dash Class A**

**Meet Record: 12.30 % 1978 Sara Kittock**  
**13.33 QUAL**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Lang, Kalley	12	Atwater-Cosm	13.11QUAL
2 Gjovik, Rycheil	11	Litchfield	13.13QUAL
3 Dheilily, Kamryn	10	Annandale	13.22QUAL
4 Miller, Khilah	9	Litchfield	13.61QNWI
5 Robinson, Charlene	10	New London-S	13.66QNWI
6 Medvec, Hannah	12	Annandale	13.85QNWI
7 Jacobson, Mariah	12	Annandale	13.84q NWI
8 Loch, Holly	11	Eden Valley-	13.88q NWI
9 Peterson, Ari	7	New London-S	14.01 NWI
10 Sherwood, Elizabeth	9	Atwater-Cosm	14.16 NWI
11 Ellson, Lexi	10	Litchfield	14.22 NWI
12 Hamacher, Chloe	9	Eden Valley-	14.39 NWI
13 Fox, Maddi	9	Eden Valley-	14.53 NWI
14 Malone, Aislyn	7	New London-S	14.58 NWI
15 Woodard, Valeriya	7	St. John's P	14.65 NWI
16 Miller, Katie	9	St. John's P	15.66 NWI
17 Schmidt, Alexis	9	Atwater-Cosm	15.80 NWI
18 Denning, Ari	10	St. John's P	15.83 NWI

**Girls 100 Meter Dash Class A**

**Meet Record: 12.30 % 1978 Sara Kittock**  
**13.33 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Gjovik, Rycheil	11	Litchfield	12.86 QUAL
2 Lang, Kalley	12	Atwater-Cosm	13.03 QUAL
3 Dheilily, Kamryn	10	Annandale	13.04 QUAL
4 Robinson, Charlene	10	New London-S	13.46 5
5 Miller, Khilah	9	Litchfield	13.48 4
6 Loch, Holly	11	Eden Valley-	13.65 3
7 Jacobson, Mariah	12	Annandale	13.66 2
8 Medvec, Hannah	12	Annandale	13.88 1

**Girls 200 Meter Dash Class A**

**Meet Record: 26.20 % Sara Realdson, Gretchen Terhaar**  
**27.54 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Gjovik, Rycheil	11	Litchfield	26.71 QUAL
2 Lang, Kalley	12	Atwater-Cosm	27.35 QUAL
3 Hoeft, Jacquelyn	10	Paynesville	27.63 6
4 Dheilily, Kamryn	10	Annandale	27.90 5
5 Miller, Khilah	9	Litchfield	28.08 4
6 TerWisscha, Rachael	12	New London-S	28.64 3
7 Goodsen, Ashtyn	10	Atwater-Cosm	28.75 2
8 Jacobson, Mariah	12	Annandale	28.93 1
9 Ellson, Lexi	10	Litchfield	29.06 NWI
10 Robinson, Charlene	10	New London-S	29.15 NWI

11 Sherwood, Elizabeth	9	Atwater-Cosm	29.19 NWI
12 Pederson, Samantha	8	Paynesville	29.23 NWI
13 Geislinger, Elle	7	Eden Valley-	29.51 NWI
14 Weis, Madison	9	Annandale	29.73 NWI
15 Deming, Jaiden	9	New London-S	29.93 NWI
16 Johnson, Morgan	9	Eden Valley-	30.10 NWI
17 Justine, Meyer	8	St. John's P	31.25 NWI
18 Corrigan, Lailah	8	St. John's P	33.98 NWI
19 Furcht, Lila	12	St. John's P	34.20 NWI

**Girls 400 Meter Dash Class A**

**Meet Record: 58.68 % 1988 Gretchen Terhaar**  
**1:03.13 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Huhner, Laney	9	Litchfield	1:00.66 QUAL
2 Hoeft, Jacquelyn	10	Paynesville	1:00.91 QUAL
3 Lyrek, Amaya	9	Eden Valley-	1:03.01 QUAL
4 Scheer, Jessica	10	Annandale	1:03.30 5
5 Pederson, Samantha	8	Paynesville	1:04.32 4
6 Adams, Mariah	12	New London-S	1:04.55 3
7 Olson, Ashlyn	7	New London-S	1:06.82 2
8 Smith, Amanda	9	Litchfield	1:07.55 1
9 Tepfer, Grace	9	Litchfield	1:07.84
10 Atkinson, Grace	10	Annandale	1:08.96
11 Holte, Jordan	9	Annandale	1:09.47
12 Elmore, Kiera	8	Eden Valley-	1:09.59
13 Walstrom, Jordyn	8	New London-S	1:11.23
14 Corrigan, Lailah	8	St. John's P	1:16.43

**Girls 800 Meter Run Class A**

**Meet Record: 2:19.10 % 1983 Michele Marthaler**  
**2:29.80 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Cronen, Carley	12	New London-S	2:27.97 QUAL
2 Krause, Mya	7	New London-S	2:30.41 8
3 Canesi, Briana	9	Annandale	2:31.48 6
4 Heidebrink, Ellie	11	Annandale	2:33.11 5
5 Geislinger, Courtney	11	Eden Valley-	2:34.05 4
6 Ludwig, MaKenna	9	Eden Valley-	2:40.13 3
7 Hulterstrum, Jane	12	Litchfield	2:40.75 2
8 Reimer, Brittany	12	Annandale	2:40.94 1
9 Cronen, Ciera	9	Eden Valley-	2:44.47
10 Naber, Emily	10	Atwater-Cosm	2:47.33
11 Lagergren, Nora	8	Litchfield	2:49.64
12 Joedeman, Karee	11	Litchfield	2:57.40
13 Nydeen, Reid	9	St. John's P	2:59.95
14 Fines, Risa	11	St. John's P	3:10.06
15 Kissela, Claire	8	St. John's P	3:16.59
16 Hoiseth, Catie	7	Paynesville	3:27.47
17 Schmidt, Skyller	10	Atwater-Cosm	3:44.57

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**Results**

**Girls 1600 Meter Run Class A**

Meet Record: 4:53.20 % 1985 Michele Marthaler  
 5:39.95 QUAL

Name	Yr	School	Finals
<b>Finals</b>			
1 Donnay, Anna	11	Eden Valley-	5:20.38 QUAL
2 Kasper, Emily	10	Annandale	5:30.83 QUAL
3 Handlin, Elinor	7	Litchfield	5:36.98 QUAL
4 Fashant, Emma	7	Annandale	5:40.39 5
5 Kuechle, Olivia	8	Eden Valley-	5:45.69 4
6 Hulterstrum, Jane	12	Litchfield	5:51.02 3
7 Kuechle, Cailyn	8	Eden Valley-	5:58.92 2
8 Lee, Alexandra	11	St. John's P	6:08.03 1
9 Naber, Emily	10	Atwater-Cosm	6:08.15
10 Provo, Lyssa	9	Annandale	6:12.40
11 Radunz, Ruby	1	Litchfield	6:22.13
12 Gaebe, Erica	7	Paynesville	6:31.99
13 Tello, Angelica	7	Paynesville	6:45.05
14 Nydeen, Reid	9	St. John's P	6:45.67
15 Kissela, Claire	8	St. John's P	6:46.44
16 Schmidt, Skyller	10	Atwater-Cosm	8:11.07

**Girls 3200 Meter Run Class A**

Meet Record: 11:09.74 % 2000 Jenny Hess  
 12:14.28 QUAL

Name	Yr	School	Finals
<b>Finals</b>			
1 Donnay, Anna	11	Eden Valley-	11:20.90 QUAL
2 Schlafke, Elizabeth	12	Annandale	12:08.92 QUAL
3 Handlin, Elinor	7	Litchfield	12:39.35 6
4 Ward, Gabrielle	12	Annandale	12:59.27 5
5 Bisek, Maddy	9	New London-S	13:05.78 4
6 Lueders, Zya	7	Eden Valley-	13:14.88 3
7 Lee, Alexandra	11	St. John's P	13:36.26 2
8 Quandt, Emily	12	Annandale	14:35.68 1
9 Steffens, Morgan	10	Eden Valley-	15:36.41

**Girls 100 Meter Hurdles Class A**

Meet Record: 15.77 % 5/24/2011 Alanna Dietz  
 17.09 QUAL

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Goraczkowski, Brynna	12	Litchfield	16.93QUAL
2 Straley, Abbey	12	Eden Valley-	17.07QUAL
3 Shoultz, Maddy	9	Litchfield	17.27QNWI
4 Henjum, Courtney	11	New London-S	17.36QNWI
5 Brenny, Alana	12	St. John's P	17.37QNWI
6 Lilleberg, Nicole	10	Atwater-Cosm	17.46QNWI
7 Kleist, Kennedy	9	Eden Valley-	17.53q NWI
8 Novak, Emily	9	New London-S	17.91q NWI
9 Jimenez, Rebecca	12	Paynesville	17.92 NWI
10 Nelson, Lindzy	11	New London-S	18.01 NWI
11 Geislinger, Elle	7	Eden Valley-	18.65 NWI

12 Hansen, Natalie	9	Litchfield	18.82 NWI
13 Obrien, Brianna	7	Annandale	18.87 NWI
14 Gaebe, Erica	7	Paynesville	20.47 NWI

**Girls 100 Meter Hurdles Class A**

Meet Record: 15.77 % 5/24/2011 Alanna Dietz  
 17.09 QUAL

Name	Yr	School	Finals
<b>Finals</b>			
1 Straley, Abbey	12	Eden Valley-	16.78 QUAL
2 Goraczkowski, Brynna	12	Litchfield	16.95 QUAL
3 Shoultz, Maddy	9	Litchfield	17.21 6
4 Henjum, Courtney	11	New London-S	17.23 5
5 Lilleberg, Nicole	10	Atwater-Cosm	17.26 4
6 Brenny, Alana	12	St. John's P	17.28 3
7 Novak, Emily	9	New London-S	17.98 2
8 Kleist, Kennedy	9	Eden Valley-	21.05 1

**Girls 300 Meter Hurdles Class A**

Meet Record: 46.21 % 2011 Zoe Novak  
 49.24 QUAL

Name	Yr	School	Finals
<b>Finals</b>			
1 Bernstein, Addison	10	Atwater-Cosm	49.10 QUAL
2 Straley, Abbey	12	Eden Valley-	50.36 8
3 Walsh, Grace	8	Litchfield	51.21 6
4 Loch, Bailey	10	Annandale	51.51 5
5 Kleist, Kennedy	9	Eden Valley-	51.61 4
6 Dockendorf, Allie	8	Eden Valley-	51.63 3
7 Novak, Emily	9	New London-S	51.87 2
8 Lilleberg, Nicole	10	Atwater-Cosm	52.29 1
9 Brenny, Alana	12	St. John's P	52.77
10 Shoultz, Maddy	9	Litchfield	53.07
11 Schlafke, Mollie	9	Annandale	53.54
12 Nelson, Lindzy	11	New London-S	54.92
13 Jimenez, Rebecca	12	Paynesville	57.17
14 Smith, Taylar	9	Litchfield	58.94

**Girls 4x100 Meter Relay Class A**

Meet Record: 50.90 % 1980 Annandale  
 Alberg, Horn L., Nelson, Horn J.  
 53.04 QUAL

Team	Relay	Finals
<b>Finals</b>		
1 Litchfield		51.50 QUAL
1) Miller, Khilah 9	2) King, Kassie 10	
3) Huhner, Laney 9	4) Gjovik, Rycheil 11	
2 Annandale		52.32 QUAL
1) Medvec, Hannah 12	2) Kenning, Avery 9	
3) Jacobson, Mariah 12	4) Dheilly, Kamryn 10	
3 New London-Spicer		53.70 6
1) Peterson, Ari 7	2) Engelke, Ashton 9	
3) Henjum, Courtney 11	4) TerWisscha, Rachael 12	

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**Finals ... (Girls 4x100 Meter Relay Class A)**

Team	Relay	Finals
4 Eden Valley-		53.97 4
1) Hard, Maja 11	2) Hamacher, Chloe 9	
3) Miller, Justine 9	4) Loch, Holly 11	
5 St. John's Prep		58.63 2
1) Denning, Ari 10	2) Woodard, Valeriya 7	
3) Justine, Meyer 8	4) Miller, Katie 9	
6 Atwater-Cosm		59.08 1
1) Schmidt, Alexis 9	2) Bolton, Taylor 9	
3) Kinzler, Karina 10	4) Sherwood, Elizabeth 9	

**Girls 4x200 Meter Relay Class A**

**Meet Record: 1:48.40 % 1979 Dassel-Cokato**

**Pokornowski, Cole, Agner, Olson**

**1:52.89 QUAL**

Team	Relay	Finals
<b>Finals</b>		
1 Atwater-Cosm		1:50.27 QUAL
1) Bernstein, Addison 10	2) Goodsen, Ashtyn 10	
3) Miller, Kendra 11	4) Lang, Kalley 12	
2 New London-Spicer		1:51.43 QUAL
1) Engelke, Ashton 9	2) TerWisscha, Rachael 12	
3) Henjum, Courtney 11	4) Adams, Mariah 12	
3 Eden Valley-		1:54.76 6
1) Geislinger, Elle 7	2) Loch, Holly 11	
3) Ehlinger, Hannah 10	4) Hard, Maja 11	
4 Litchfield		1:55.83 4
1) Ellson, Lexi 10	2) Smith, Amanda 9	
3) Tepfer, Grace 9	4) Weires, Sydney 12	
5 Annandale		1:56.48 2
1) Mitchell, Anna 10	2) Stang, Heidi 10	
3) Arellano, Jennifer 10	4) Weis, Madison 9	

**Girls 4x400 Meter Relay Class A**

**Meet Record: 4:08.60 % 1985 Belgrade-Brooten-Elrosa**

**Weller, TeBrake, Kampsen, Marthaler**

**4:22.86 QUAL**

Team	Relay	Finals
<b>Finals</b>		
1 Litchfield		4:11.52 QUAL
1) King, Kassie 10	2) Hulterstrum, Jane 12	
3) Weires, Sydney 12	4) Huhner, Laney 9	
2 New London-Spicer		4:17.66 QUAL
1) Engelke, Ashton 9	2) Cronen, Carley 12	
3) Novak, Emily 9	4) Adams, Mariah 12	
3 Eden Valley-		4:21.57 QUAL
1) Kleist, Kennedy 9	2) Straley, Abbey 12	
3) Kuechle, Olivia 8	4) Lyrek, Amaya 9	
4 Atwater-Cosm		4:25.02 4
1) Bernstein, Addison 10	2) Lilleberg, Nicole 10	
3) Miller, Kendra 11	4) Goodsen, Ashtyn 10	
5 Annandale		4:33.36 2
1) Holte, Jordan 9	2) Heidebrink, Ellie 11	
3) Neutz, Abby 8	4) Atkinson, Grace 10	

6 St. John's Prep		5:22.31 1
1) Brenny, Alana 12	2) Furcht, Lila 12	
3) Miller, Katie 9	4) Nydeen, Reid 9	

**Girls 4x800 Meter Relay Class A**

**Meet Record: 9:57.00 % 1985**

**Belgrade-Brooten-Elrosa**

**Howington, Estes, Weller, Marthaler**

**10:21.52 QUAL**

Team	Relay	Finals
<b>Finals</b>		
1 Annandale		9:51.45%QUAL
1) Scheer, Jessica 10	2) Kasper, Emily 10	
3) Schlafke, Elizabeth 12	4) Canesi, Briana 9	
2 Eden Valley-		10:15.15 QUAL
1) Lyrek, Amaya 9	2) Geislinger, Courtney 11	
3) Ludwig, MaKenna 9	4) Kuechle, Olivia 8	
3 New London-Spicer		10:35.62 6
1) Cronen, Carley 12	2) Krause, Mya 7	
3) Olson, Ashlyn 7	4) Bisek, Maddy 9	
4 Litchfield		11:31.53 4
1) Lagergren, Nora 8	2) Schmidt, Rebecca 10	
3) Radunz, Ruby 1	4) Carlson, Courtney 9	

**Girls High Jump Class A**

**Meet Record: 5-09.50 % 1996**

**Carrie Branness**

**4-11.00 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ehlinger, Hannah	10	Eden Valley-	5-04.00 QUAL
2 Randt, Marina	12	Litchfield	4-11.00 QUAL
3 Madsen, Justine	12	Litchfield	4-11.00 QUAL
4 Fox, Maddi	9	Eden Valley-	4-09.00 5
5 Erickson, Isabella	8	Annandale	4-09.00 4
6 Weires, Sydney	12	Litchfield	4-09.00 2.5
6 Miller, Kendra	11	Atwater-Cosm	4-09.00 2.5
8 Neutz, Abby	8	Annandale	4-05.00 1
9 Justine, Meyer	8	St. John's P	4-05.00
10 Reimer, Brittany	12	Annandale	4-03.00
11 Geislinger, Elle	7	Eden Valley-	4-01.00
--- Smith, Danielle	11	New London-S	NH

**Girls Pole Vault Class A**

**Meet Record: 11-00 % 2012**

**Shelbie Walsh**

**8-04.00 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Whitcomb, Madison	12	Atwater-Cosm	9-10.00 QUAL
2 Medvec, Hannah	12	Annandale	8-04.00 QUAL
3 Atherton, Denzel	12	Eden Valley-	7-10.00 6
4 Schmidt, Rebecca	10	Litchfield	7-04.00 5
5 Erickson, Morgan	12	Atwater-Cosm	7-04.00 4
6 Froehlich, Celeste	11	Annandale	6-10.00 3
7 Haglund, Kennedy	11	New London-S	6-10.00 2
8 Phillip, Jodi	10	Eden Valley-	6-04.00 1
9 Westrich, Danica	10	Eden Valley-	6-04.00

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**Finals ... (Girls Pole Vault Class A)**

Name	Yr	School	Finals
--- Tello, Angelica	7	Paynesville	NH
--- Gaebe, Erica	7	Paynesville	NH
--- Thein, Sara	10	New London-S	NH
--- Carlson, Courtney	9	Litchfield	NH

**Girls Long Jump Class A**

Meet Record: 17-09.25 % 1995      Cassie Weisman  
 15-06.00      QUAL

Name	Yr	School	Finals
<b>Finals</b>			
1 Hoefft, Jacquelyn	10	Paynesville	16-04.00 QUAL
2 Dheilily, Kamryn	10	Annandale	16-03.50 QUAL
3 Lang, Kalley	12	Atwater-Cosm	16-02.00 QUAL
4 Walsh, Grace	8	Litchfield	15-11.75 QUAL
5 Kenning, Avery	9	Annandale	15-09.00 QUAL
6 Gjovik, Rychail	11	Litchfield	15-08.25 QUAL
7 Cronen, Carley	12	New London-S	15-03.25 2
8 Kuechle, Olivia	8	Eden Valley-	15-03.00 1
9 Bernstein, Addison	10	Atwater-Cosm	15-03.00 NWI
10 Novak, Emily	9	New London-S	14-08.75 NWI
11 Loch, Holly	11	Eden Valley-	14-07.00 NWI
12 Engelke, Ashton	9	New London-S	14-04.00 NWI
13 Loch, Bailey	10	Annandale	14-03.75 NWI
14 Geislinger, Madeleine	11	Eden Valley-	12-07.50 NWI
15 Woodard, Valeriya	7	St. John's P	12-05.50 NWI
16 Grimsgard, Anna	10	Atwater-Cosm	11-11.00 NWI
17 Denning, Ari	10	St. John's P	11-07.75 NWI

**Girls Triple Jump Class A**

Meet Record: 37-08 % 1995      Carrie Branness  
 33-01.75      QUAL

Name	Yr	School	Finals
<b>Finals</b>			
1 Hoefft, Jacquelyn	10	Paynesville	33-09.00 QUAL
2 Lilleberg, Nicole	10	Atwater-Cosm	33-02.25 QUAL
3 Walsh, Grace	8	Litchfield	33-02.00 QUAL
4 Goraczkowski, Brynna	12	Litchfield	32-07.00 5
5 Brenny, Alana	12	St. John's P	32-06.00 4
6 Pederson, Samantha	8	Paynesville	31-11.00 3
7 Olson, Ashlyn	7	New London-S	31-05.00 2
8 Lyrek, Amaya	9	Eden Valley-	31-02.50 1
9 Kenning, Avery	9	Annandale	30-07.75 NWI
10 Stang, Heidi	10	Annandale	30-03.00 NWI
11 Geislinger, Madeleine	11	Eden Valley-	29-11.25 NWI
12 Hansen, Natalie	9	Litchfield	29-03.75 NWI
13 Krause, Mya	7	New London-S	29-00.25 NWI
14 Neutz, Abby	8	Annandale	28-00.50 NWI
15 Grimsgard, Anna	10	Atwater-Cosm	26-06.75 NWI
16 Ludwig, MaKenna	9	Eden Valley-	26-02.75 NWI

**Girls Shot Put Class A**

Meet Record: 43-00.50 % 1993      Susan Semmler  
 33-04.50      QUAL

Name	Yr	School	Finals
<b>Finals</b>			
1 Laabs, Ariel	12	Eden Valley-	37-07.50 QUAL
2 Larson, Brianna	10	Litchfield	36-02.00 QUAL
3 Bertsch, Bailey	10	Annandale	35-00.00 QUAL
4 Wagner, Jadalyn	9	Litchfield	31-06.50 5
5 White, Emily	10	Litchfield	31-02.50 4
6 Bieniek, Jada	8	Annandale	30-02.50 3
7 Purcell, Hannah	9	Annandale	29-04.00 2
8 Bagley, Ericka	8	Atwater-Cosm	29-03.00 1
9 Stotz, Julia	12	Eden Valley-	28-07.00
10 Deming, Jaiden	9	New London-S	27-06.25
11 Kutzke, Kayla	12	Atwater-Cosm	26-01.00
12 Paffrath, Hunter	9	New London-S	26-00.00
13 Rohman, Emma	9	New London-S	25-05.00
14 Sluka, Kera	8	Atwater-Cosm	24-05.50
15 Holtz, Becky	12	Eden Valley-	23-09.00
16 Hawkinson, Amanda	12	Paynesville	22-01.50

**Girls Discus Throw Class A**

Meet Record: 136-01.50 % 2004      Kara Karlsgodt  
 98-11      QUAL

Name	Yr	School	Finals
<b>Finals</b>			
1 Bertsch, Bailey	10	Annandale	113-01.50 QUAL
2 Laabs, Ariel	12	Eden Valley-	107-02.50 QUAL
3 Deming, Jaiden	9	New London-S	102-02.00 QUAL
4 White, Emily	10	Litchfield	101-07.50 QUAL
5 Grimsgard, Anna	10	Atwater-Cosm	100-02.50 QUAL
6 Wagner, Jadalyn	9	Litchfield	90-02.00 3
7 Miller, Kendra	11	Atwater-Cosm	88-04.00 2
8 Purcell, Hannah	9	Annandale	84-07.50 1
9 Cottington, Anna	12	Litchfield	83-04.50
10 Kinzler, Karina	10	Atwater-Cosm	78-04.00
11 Stotz, Julia	12	Eden Valley-	75-03.50
12 Sodergren, Hope	10	Eden Valley-	73-09.50
13 Bagley, Kendra	7	New London-S	73-00.00
14 Rohman, Emma	9	New London-S	67-06.00
15 Bieniek, Jada	8	Annandale	65-00.00
16 Hawkinson, Amanda	12	Paynesville	57-05.00

**Boys 100 Meter Dash Class A**

Meet Record: 10.98 % 2000      Brandon Smith  
 11.77      QUAL

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Ness, Jackson	11	New London-S	12.02QNWI
2 Victor, Jevonte	9	Eden Valley-	12.03QNWI
3 James, Deshaun	12	Eden Valley-	12.15QNWI
4 Hillestad, Wiley	10	Annandale	12.16QNWI

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**Results**

**Preliminaries ... (Boys 100 Meter Dash Class A)**

Name	Yr	School	Prelims
5 Haag, Deshawn	10	Eden Valley-	12.19QNWI
6 Mealey, Austin	11	Annandale	12.21QNWI
7 Rasset, Reed	10	Annandale	12.40q NWI
8 Tan Tjhen, Paul	11	New London-S	12.43q NWI
9 Friton, Ethan	10	Atwater-Cosm	12.66 NWI
10 Salzl, Nick	12	St. John's P	12.68 NWI
11 Smith III, Henry	10	St. John's P	12.76 NWI
12 Maahs, Cole	11	Atwater-Cosm	12.76 NWI
13 Wangen, Jackson	9	New London-S	12.81 NWI
14 Olson, Zach	9	Litchfield	12.83 NWI
15 Toedter, Carston	10	Atwater-Cosm	12.85 NWI
16 Chen, Henry	7	St. John's P	13.47 NWI
17 Gunderson, Brennen	9	Paynesville	13.52 NWI
18 Karol, Zach	11	Paynesville	13.59 NWI
19 Kern, Collin	11	Paynesville	14.34 NWI
20 Cannon, Isaac	9	Litchfield	14.66 NWI
21 Jacobo, Ignacio	9	Litchfield	14.78 NWI

**Boys 100 Meter Dash Class A**

**Meet Record:** 10.98 % 2000 **Brandon Smith**  
 11.77 **QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ness, Jackson	11	New London-S	11.54 QUAL
2 James, Deshaun	12	Eden Valley-	11.59 QUAL
3 Hillestad, Wiley	10	Annandale	11.79 6
4 Victor, Jevonte	9	Eden Valley-	11.87 5
5 Haag, Deshawn	10	Eden Valley-	11.99 4
6 Mealey, Austin	11	Annandale	12.05 3
7 Tan Tjhen, Paul	11	New London-S	12.09 2
8 Rasset, Reed	10	Annandale	12.40 1

**Boys 200 Meter Dash Class A**

**Meet Record:** 22.03 % 2000 **Brandon Smith**  
 23.86 **QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ness, Jackson	11	New London-S	23.50 QUAL
2 Veches, Bailey	11	Annandale	23.52 QUAL
3 Stafford, Holden	12	Atwater-Cosm	24.10 6
4 Victor, Jevonte	9	Eden Valley-	24.25 5
5 Hermes, Andrew	10	Annandale	24.80 4
6 Rasset, Reed	10	Annandale	24.92 3
7 Tan Tjhen, Paul	11	New London-S	25.08 2
8 Nehring, Adam	11	Eden Valley-	25.27 1
9 Templer, Andrew	9	New London-S	25.80 NWI
10 Soine, Trent	8	Atwater-Cosm	26.33 NWI
11 Sodergren, Levi	11	Eden Valley-	26.42 NWI
12 Hinther, Zackary	8	Atwater-Cosm	26.60 NWI
13 Wendler, Dominick	9	Litchfield	28.15 NWI
14 Kern, Collin	11	Paynesville	28.24 NWI
15 DeWitt, Ethan	9	St. John's P	28.87 NWI
16 Carlson, Jesse	9	Litchfield	30.10 NWI

17 Cannon, Isaac 9 Litchfield 30.18 NWI

**Boys 400 Meter Dash Class A**

**Meet Record:** 49.80 % 1979 **Jim Grorud**  
 54.13 **QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Dietel, Nolan	11	Litchfield	51.65 QUAL
2 Gapinski, Gavin	10	Annandale	52.63 QUAL
3 Notch, Matt	10	Eden Valley-	52.73 QUAL
4 Sjoberg, Hunter	11	New London-S	52.78 QUAL
5 Stafford, Holden	12	Atwater-Cosm	54.48 4
6 Miller, Riley	9	Eden Valley-	56.92 3
7 Sbrolla, Diego	12	Eden Valley-	57.12 2
8 Lambert, Michael	10	Atwater-Cosm	59.59 1
9 Hinther, Zackary	8	Atwater-Cosm	1:00.02
10 Barthel, Dillon	10	New London-S	1:02.89
11 Carlson, Jesse	9	Litchfield	1:04.96
12 Michels, Tyson	7	Litchfield	1:05.04
13 Klaers, Nathan	9	New London-S	1:11.11

**Boys 800 Meter Run Class A**

**Meet Record:** 1:58.50 % **Atso Toimela, Mark Thompson**  
 2:05.10 **QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Gustafson, Frank	12	New London-S	2:00.92 QUAL
2 Carlson, Carter	10	Paynesville	2:05.02 QUAL
3 Braun, Jeffery	11	Annandale	2:05.06 QUAL
4 Arnold, Jacob	10	Paynesville	2:05.14 5
5 Bigalk, Chris	11	Annandale	2:08.08 4
6 Gagnon, Hayden	10	Eden Valley-	2:14.67 3
7 Stotz, Mickale	10	Eden Valley-	2:17.55 2
8 Thompson, Tristan	10	New London-S	2:18.20 1
9 Lund, Payton	9	Annandale	2:20.16
10 Lien, Caden	9	New London-S	2:22.02
11 Renne, Wyatt	11	Atwater-Cosm	2:28.25
12 Hoefl, Jason	8	Paynesville	2:30.52
13 Nagel, Harley	9	Litchfield	2:33.99
14 Miller, Dawson	8	Atwater-Cosm	2:35.97
15 Cannon, Phil	10	Litchfield	2:40.76
16 Buss, Gavin	10	Atwater-Cosm	2:48.27

**Boys 1600 Meter Run Class A**

**Meet Record:** 4:24.10 % 1985 **Dan Lieske**  
 4:45.23 **QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lund, Payton	9	Annandale	4:58.31 10
2 Eggert, Matthew	10	Litchfield	4:59.38 8
3 Massman, Jack	9	Annandale	4:59.93 6
4 Zimmerman, Riley	10	Paynesville	5:01.65 5
5 Markkanen, Mitchel	12	New London-S	5:14.83 4
6 Lund, Hunter	10	Annandale	5:19.28 3
7 Andresen, Carter	9	New London-S	5:22.12 2

**Sec5a-SubSec20-2016**  
**Track & Field Championships**  
**Litchfield High School - 5/24/2016**

**Results****Finals ... (Boys 1600 Meter Run Class A)**

Name	Yr	School	Finals
8 Bitzan, Sebastian	9	New London-S	5:22.27 1
9 Theis, Adam	11	Eden Valley-	5:28.99
10 Janorschke, Carter	12	Litchfield	5:36.21
11 Watt, Dylan	12	Litchfield	5:45.32
12 Gathje, Greg	9	Eden Valley-	5:48.48
13 Singsank, Noah	9	Atwater-Cosm	5:55.80
14 Kissela, Joel	9	St. John's P	6:37.54

**Boys 3200 Meter Run Class A**

**Meet Record: 9:48.00 % 1985 Dave Stenberg**  
**10:30.82 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Boos, Zach	12	Annandale	10:27.12 QUAL
2 Lange, Ben	10	New London-S	10:45.60 8
3 Ammermann, Ben	8	Litchfield	10:52.74 6
4 Bisek, Ty	7	New London-S	10:55.61 5
5 Milner, Isaac	12	Annandale	11:26.17 4
6 Moen, Andrew	10	St. John's P	11:36.80 3
7 Zwiefel, Andrew	9	Paynesville	11:48.90 2
8 Voss, Ryan	9	Atwater-Cosm	11:56.29 1
9 Swenson, Zach	11	Eden Valley-	12:18.26
10 Watt, Dylan	12	Litchfield	13:33.57

**Boys 110 Meter Hurdles Class A**

**Meet Record: 14.88 % 2001 Kent Anderson**  
**16.72 QUAL**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Lux, Greg	11	Eden Valley-	16.47QUAL
2 Ehlinger, Samuel	12	Eden Valley-	16.80QNWI
3 Shaper, Nate	12	St. John's P	17.34QNWI
4 Bartlett, Kaleb	10	Litchfield	17.60QNWI
5 Junkermeier, Sutton	10	Atwater-Cosm	17.49QNWI
6 Bedford, Trae	11	Annandale	17.70QNWI
7 Wilken, Jared	11	Annandale	17.97q NWI
8 Pederson, Brandt	9	Litchfield	18.84q NWI
9 Evans, Murphy	9	Litchfield	18.87 NWI
10 Feist, Erich	11	New London-S	19.44 NWI
11 Utecht, Nathan	11	Eden Valley-	19.69 NWI
12 VanDerPol, Calvin	11	Atwater-Cosm	21.24 NWI

**Boys 110 Meter Hurdles Class A**

**Meet Record: 14.88 % 2001 Kent Anderson**  
**16.72 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lux, Greg	11	Eden Valley-	16.01 QUAL
2 Ehlinger, Samuel	12	Eden Valley-	16.39 QUAL
3 Junkermeier, Sutton	10	Atwater-Cosm	17.19 6
4 Bedford, Trae	11	Annandale	17.21 5
5 Bartlett, Kaleb	10	Litchfield	17.22 4

6 Shaper, Nate	12	St. John's P	17.32 3
7 Wilken, Jared	11	Annandale	17.93 2
8 Pederson, Brandt	9	Litchfield	17.94 1

**Boys 300 Meter Hurdles Class A**

**Meet Record: 39.70 % 1982 Paul Voss**  
**43.46 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kasper, Jamie	12	Annandale	41.75 QUAL
2 Lux, Greg	11	Eden Valley-	42.40 QUAL
3 Mealey, Austin	11	Annandale	42.97 QUAL
4 Ehlinger, Samuel	12	Eden Valley-	44.30 5
5 Johnson, Gabe	12	St. John's P	44.45 4
6 Junkermeier, Sutton	10	Atwater-Cosm	45.20 3
7 Pederson, Brandt	9	Litchfield	45.70 2
8 Bartlett, Kaleb	10	Litchfield	46.34 1
9 Feist, Erich	11	New London-S	46.86
10 Evans, Murphy	9	Litchfield	48.05
11 Syvertson, Easton	11	Paynesville	49.05
12 Utecht, Nathan	11	Eden Valley-	49.95
13 VanDerPol, Calvin	11	Atwater-Cosm	52.92

**Boys 4x100 Meter Relay Class A**

**Meet Record: 44.44 % 2005 Annandale**  
**Hinz, Rudningen, Koenigs, Queck**  
**45.94 QUAL**

Team	Relay	Finals
<b>Finals</b>		
1 New London-Spicer		44.65 QUAL
1) King, Cody 12	2) Mische, Gideon 9	
3) Bennetts, Kelly 9	4) Ness, Jackson 11	
2 Annandale		45.67 QUAL
1) Veches, Bailey 11	2) Hohenstein, Alex 12	
3) Hermes, Andrew 10	4) Hillestad, Wiley 10	
3 Eden Valley-		46.28 6
1) Westrich, Dunkin 12	2) Lochen, Tommy 12	
3) Haag, Deshawn 10	4) James, Deshaun 12	
4 Litchfield		48.45 4
1) Hedtke, Jayson 11	2) Pederson, Brandt 9	
3) Olson, Zach 9	4) Orzolek, Steven 10	
5 Atwater-Cosm		52.01 2
1) Maahs, Cole 11	2) Lewis, Brennan 12	
3) Soine, Kolt 11	4) Friton, Ethan 10	

**Boys 4x200 Meter Relay Class A**

**Meet Record: 1:31.03 % 2000 New London-Spicer**  
**Smith, Hagedorn, Lundberg, Anderson**  
**1:35.40 QUAL**

Team	Relay	Finals
<b>Finals</b>		
1 New London-Spicer		1:33.59 QUAL
1) Bennetts, Kelly 9	2) Mische, Gideon 9	
3) Firkens, Max 10	4) Sjoberg, Hunter 11	

**Sec5a-SubSec20-2016**  
**Track & Field Championships**  
**Litchfield High School - 5/24/2016**

**Results**

**Finals ... (Boys 4x200 Meter Relay Class A)**

Team	Relay	Finals
2 Annandale		1:35.01 QUAL
1) Veches, Bailey 11	2) Hohenstein, Alex 12	
3) Haugen, AJ 12	4) Gapinski, Gavin 10	
3 Litchfield		1:35.56 6
1) Kranz, Ben 10	2) Graphenteen, Cody 12	
3) Madsen, Dylan 10	4) Dietel, Nolan 11	
4 Eden Valley-		1:38.15 4
1) Westrich, Dunkin 12	2) Nehring, Adam 11	
3) Miller, Riley 9	4) Lochen, Tommy 12	
5 Atwater-Cosm		1:41.85 2
1) Stafford, Holden 12	2) Maahs, Cole 11	
3) Junkermeier, Sutton 10	4) Friton, Ethan 10	

**Boys 4x400 Meter Relay Class A**

**Meet Record: 3:29.51 % 1999 Paynesville**

**Voss, Jones, Rausch, Trees**

**3:40.66 QUAL**

Team	Relay	Finals
1 New London-Spicer		3:30.87 QUAL
1) Gustafson, Frank 12	2) Mische, Gideon 9	
3) Sjoberg, Hunter 11	4) Bennetts, Kelly 9	
2 Litchfield		3:33.95 QUAL
1) Graphenteen, Cody 12	2) Madsen, Dylan 10	
3) Kranz, Ben 10	4) Dietel, Nolan 11	
3 Annandale		3:34.00 QUAL
1) Braun, Jeffery 11	2) Bigalk, Chris 11	
3) Kasper, Jamie 12	4) Gapinski, Gavin 10	
4 Eden Valley-		3:41.83 4
1) Lochen, Tommy 12	2) Gagnon, Hayden 10	
3) Miller, Riley 9	4) Notch, Matt 10	
5 St. John's Prep		4:00.51 2
1) Salzl, Nick 12	2) Chen, Henry 7	
3) Smith III, Henry 10	4) Shaper, Nate 12	
6 Atwater-Cosm		4:04.05 1
1) Soine, Kolt 11	2) Toedter, Carston 10	
3) Lambert, Michael 10	4) VanDerPol, Calvin 11	

**Boys 4x800 Meter Relay Class A**

**Meet Record: 8:20.49 % 1998 Paynesville**

**Trees, Voss, Jones, Johnson**

**8:38.76 QUAL**

Team	Relay	Finals
1 Annandale		8:29.15 QUAL
1) Braun, Jeffery 11	2) Bigalk, Chris 11	
3) Kasper, Jamie 12	4) Boos, Zach 12	
2 New London-Spicer		8:52.18 8
1) Gustafson, Frank 12	2) Thompson, Tristan 10	
3) Lien, Caden 9	4) Markkanen, Mitchel 12	
3 Eden Valley-		9:00.89 6
1) Stotz, Mickale 10	2) Gagnon, Hayden 10	
3) Sbrolla, Diego 12	4) Notch, Matt 10	

4 Paynesville Area		9:04.52 4
1) Syvertson, Easton 11	2) Arnold, Jacob 10	
3) Zimmerman, Riley 10	4) Carlson, Carter 10	
5 Litchfield		9:25.44 2
1) Ammermann, Ben 8	2) Janorschke, Carter 12	
3) Nagel, Harley 9	4) Eggert, Matthew 10	
6 Atwater-Cosm		9:48.42 1
1) Voss, Ryan 9	2) Renne, Wyatt 11	
3) Singsank, Noah 9	4) Miller, Dawson 8	

**Boys High Jump Class A**

**Meet Record: 6-05 % 1996 Rob Haag**

**5-10.00 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Eisenbacher, Gabriel	11	Atwater-Cosm	6-02.00 QUAL
2 Johnson, Gabe	12	St. John's P	6-00.00 QUAL
3 Gagnon, Hayden	10	Eden Valley-	5-10.00 QUAL
4 Wilken, Jared	11	Annandale	5-08.00 5
5 King, Cody	12	New London-S	5-06.00 4
6 Notch, Matt	10	Eden Valley-	5-04.00 3
7 Hohenstein, Alex	12	Annandale	5-04.00 2
8 Hedtke, Jayson	11	Litchfield	5-02.00 0.5
8 Biesecker, Mason	11	New London-S	5-02.00 0.5
--- Olson, Zach	9	Litchfield	NH

**Boys Pole Vault Class A**

**Meet Record: 13-07 % 1996 Jesse Woyke**

**11-08.00 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lynch, Josh	9	New London-S	12-08.00 QUAL
2 Bedford, Trae	11	Annandale	12-02.00 QUAL
3 Bartlett, Kaleb	10	Litchfield	10-08.00 6
4 Lewis, Cullen	10	Atwater-Cosm	10-08.00 5
5 Zipoy, John	12	Eden Valley-	10-02.00 4
6 Zirbes, Kyle	12	Annandale	10-02.00 2.5
6 Thein, Nathan	10	New London-S	10-02.00 2.5
8 Gross, David	9	Annandale	9-08.00 1
9 Buss, Bailey	12	Atwater-Cosm	9-02.00
--- Harris, Jayden	9	Litchfield	NH
--- Eken, Everett	10	Eden Valley-	NH
--- Whitcomb, Jacob	12	Atwater-Cosm	NH
--- Theis, Adam	11	Eden Valley-	NH

**Boys Long Jump Class A**

**Meet Record: 22-02.50 % 5/19/2015 Shane Zylstra**

**20-01.00 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lux, Greg	11	Eden Valley-	19-10.00 10
2 Firkens, Max	10	New London-S	19-07.75 8
3 Westrich, Dunkin	12	Eden Valley-	18-10.75 6
4 James, Deshaun	12	Eden Valley-	18-06.00 5
5 Biesecker, Mason	11	New London-S	18-02.00 4

**Sec5a-SubSec20-2016**  
**Track & Field Championships**  
**Litchfield High School - 5/24/2016**

**Results**

**Finals ... (Boys Long Jump Class A)**

Name	Yr	School	Finals
6 Hermes, Andrew	10	Annandale	18-01.50 3
7 Eisenbacher, Gabriel	11	Atwater-Cosm	17-11.50 2
8 Salzl, Nick	12	St. John's P	17-10.75 1
9 Madsen, Dylan	10	Litchfield	17-08.75 NWI
10 Maahs, Cole	11	Atwater-Cosm	16-11.00 NWI
11 Friton, Ethan	10	Atwater-Cosm	16-10.00 NWI
12 Schorn, Isaiah	12	Annandale	16-06.00 NWI
13 Shaper, Nate	12	St. John's P	16-04.00 NWI
14 Steffens, Alex	11	Annandale	15-07.50 NWI
15 Zwiefel, Andrew	9	Paynesville	15-03.25 NWI
16 Chen, Henry	7	St. John's P	15-00.00 NWI
17 Jacobo, Ignacio	9	Litchfield	13-08.75 NWI
18 Wendler, Dominick	9	Litchfield	13-06.75 NWI

**Boys Triple Jump Class A**

Meet Record: **43-08.50 % 5/19/2015** Shane Zylstra  
**39-05.50 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Westrich, Dunkin	12	Eden Valley-	41-01.00 QUAL
2 Lux, Greg	11	Eden Valley-	39-01.75 8
3 Ehlinger, Samuel	12	Eden Valley-	38-09.50 6
4 Eisenbacher, Gabriel	11	Atwater-Cosm	38-07.25 5
5 Haugen, AJ	12	Annandale	36-11.00 4
6 Thompson, Tristan	10	New London-S	36-09.00 3
7 Johnson, Gabe	12	St. John's P	36-05.50 2
8 Evans, Murphy	9	Litchfield	35-05.25 1
9 Syvertson, Easton	11	Paynesville	35-03.00 NWI
10 Schorn, Isaiah	12	Annandale	33-00.50 NWI
11 Moen, Andrew	10	St. John's P	32-04.75 NWI
12 McCoy, Jack	10	Annandale	32-00.00 NWI
12 Michels, Tyson	7	Litchfield	32-00.00 NWI
14 Hoeft, Jason	8	Paynesville	31-11.75 NWI
15 Thompson, Gabe	7	New London-S	31-08.50 NWI
16 Whitcomb, Jacob	12	Atwater-Cosm	31-05.25 NWI
17 Andrade, Alec	9	Litchfield	30-05.75 NWI
18 Novak, Jack	7	New London-S	29-05.50 NWI

**Boys Shot Put Class A**

Meet Record: **56-06.25 % 1990** Plymouth Nelson  
**44-08.50 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Orzolek, Steven	10	Litchfield	45-00.25 QUAL
2 Maresch, Brodie	11	Atwater-Cosm	43-05.00 8
3 Wagner, Logan	11	Litchfield	43-04.50 6
4 Jackman, Kal	10	Litchfield	43-04.25 5
5 Sodergren, Levi	11	Eden Valley-	41-04.50 4
6 Mische, Gideon	9	New London-S	41-03.00 3
7 Lewis, Brennan	12	Atwater-Cosm	40-02.00 2
8 Hentges, Austin	12	Eden Valley-	40-00.00 1
9 Rasset, Reed	10	Annandale	38-11.50
10 Higgins, Justin	11	Annandale	38-03.00

11 Konz, Tyler	11	Eden Valley-	37-06.50
12 Kastner, Austin	10	New London-S	37-00.50
13 Harlow, Brandyn	9	New London-S	36-10.50
14 Soine, Kolt	11	Atwater-Cosm	36-05.75
15 Gross, Thomas	11	Annandale	34-09.25
16 Karol, Zach	11	Paynesville	32-05.00
17 Gunderson, Brennen	9	Paynesville	24-00.00

**Boys Discus Throw Class A**

Meet Record: **174-00 % 1980** Matt Nyquist  
**128-10 QUAL**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lewis, Brennan	12	Atwater-Cosm	143-07.00 QUAL
2 Gross, Thomas	11	Annandale	127-09.50 8
3 Higgins, Justin	11	Annandale	124-05.00 6
4 Jackman, Kal	10	Litchfield	122-04.00 5
5 Wagner, Logan	11	Litchfield	118-08.00 4
6 Osterberg, Jack	10	Litchfield	113-07.00 3
7 Davis, Hunter	11	Eden Valley-	113-02.00 2
8 Sodergren, Levi	11	Eden Valley-	111-00.00 1
9 Moon, Dawson	10	Annandale	109-03.50
10 Schimerowski, Pat	9	New London-S	109-00.00
11 Konz, Tyler	11	Eden Valley-	97-04.50
12 Soine, Kolt	11	Atwater-Cosm	91-11.00
13 Karol, Zach	11	Paynesville	90-10.00
14 Maresch, Brodie	11	Atwater-Cosm	88-10.00
15 Kastner, Austin	10	New London-S	84-05.00
16 Harlow, Brandyn	9	New London-S	82-10.50
17 Gunderson, Brennen	9	Paynesville	69-05.00

**Women - Class A - Team Rankings - 18 Events Scored**

1) Litchfield	169.5
2) Eden Valley-Watkins/Kimball*	137
3) Annandale	136
4) Atwater-Cosmos-Grove City	85.5
5) New London-Spicer	84
6) Paynesville Area	41
7) St. John's Prep	13

**Men - Class A - Team Rankings - 18 Events Scored**

1) Annandale	170.5
2) Eden Valley-Watkins/Kimball*	156
3) New London-Spicer	133
4) Litchfield	92.5
5) Atwater-Cosmos-Grove City	69
6) Paynesville Area	24
7) St. John's Prep	23